

2017/2018 Grant Recipients

Total Amount Awarded: \$252,610

Grant Awards

STATEWIDE

Alaska Afterschool Network (\$25,000)

Alaska Children's Trust

Alaska Afterschool Network is a coalition of nonprofit, private, tribal and government organizations that promote high-quality afterschool programs as a critical component in the positive development of Alaska's youth. Afterschool programs play a critical role in developing the project factors youth need to be resilient in the face of trauma.

Alaska Resiliency Initiative (\$25,000)

Alaska Children's Trust

The Alaska Resiliency Initiative is a partnership of nonprofit, private, tribal and government organizations that promotes community empowerment to support and respond to the needs of individual families and children. Their goal is to advance the dialogue in our state on Adverse Childhood Experiences (ACEs), toxic stress in childhood and how communities can prevent ACEs and build resilience. To build community awareness across the state.

Help Me Grow (\$25,000)

All Alaska Pediatric Partnership

Help Me Grow is a unique, comprehensive, and integrated statewide system designed to address the need for early identification of children at risk for developmental and/or behavioral problems, and then to link these children and their families to community-based developmental and behavioral services and supports.

Pick Click Give (\$12,500)

Alaska Community Foundation

Funding supported the statewide awareness and marketing campaign for the Permanent Fund Dividend (PFD) Charitable Contributions Program.

Parent Resiliency Project (\$10,000)

Covenant House Alaska

This project will expand the current program curriculum to allow for more in-depth parenting skills to be explored in a group setting, ultimately increasing parental awareness, exploring the effects of one's own trauma and adverse childhood experiences (ACEs) on their children, and building a strong support network of peers – the key to sustaining skills and allowing for growth. In addition, this project will enable Passage House to continue education and community building through extending education to prospective and former residents.

Statewide Expansion (\$10,000)

Facing Foster Care in Alaska

FFCA seeks to break this cycle of trauma and abuse by providing preventative activities and a support network for youth in foster care and alumni ages 15-24. The FFCA statewide expansion plan includes the following components: Form chapters in Juneau and Fairbanks to provide year-round support and connections for foster youth in the SE and Northern regions, expand our laptop distribution program out of Anchorage to make sure that foster youth in all areas of the state have equal access to opportunities and resources, FFCA staff visit at least three communities outside of Anchorage to recruit volunteers and members, and communicate with Youth Leadership Board members, Strengthen partnerships with UA Child Welfare Academy, AFN, the Tlingit-Haida Central Council, the Nome Eskimo Community and Covenant House to ensure stronger connections and communications between foster youth-serving organizations.

Statewide Strengthening Families Framework (SF) and Pyramid Model (PM) Training (\$10,000)

thread

The project thread is proposing is an existing project and addresses two Focus Areas ACT has identified – Prevention Programs and Positive Social Norming. It also incorporates several ACT Funding Priorities such as promoting the 5 Protective Factors, supporting evidence based/promising practices, and focusing on existing strengths and promoting continued growth and development just to name a few. Funding from ACT would help thread to offer each of these trainings, one time, in three regions.

Statewide Conferences and Outreach Activities (\$23,132)

Various Organizations

- 16th National Citizen Review Panel Conference
- Alaska Public Health Association Annual Conference
- All Alaska Pediatrician Partnership Annual Conference
- Arctic Winds/Healing Winds - Training
- Dept. of Juvenile Justice - Nome
- Facing Foster Care – Legislative Outreach
- First Alaskans Elders & Youth Conference
- Girls Rock Camp Alaska
- Hospice of Anchorage – Camp Erin
- Julia Cook – State Visit
- Royal Family Kids Camp
- Rural AK Health Professional Foundation
- Spirit of Youth – Youth Leadership Awards
- Thread – Summit on Economic Impact of Early Care and Learning in AK
- Thunder Mountain Track & Field Club
- UAA School of Nursing

NORTHERN

Parent Project Parenting Classes (\$9,198)

Arctic Slope Native Association

The Parent Project has two types of curriculum. The first curriculum is called Loving Solutions and the other is called Changing Destructive Adolescent Behavior. Both of these curriculums are designed to provide parents

with the tools to learn about positive parenting skills like redirection, effective communication, effective time-outs, and importance of education. The Parent Project is broken down to ten courses and will be taught in a group atmosphere. This will allow the families to learn from each other, process the information, and for the instructor to work with each family. The villages that will be served are Barrow, Wainwright, Nuiqsut, Atkasuk, Anaktuvuk Pass, Point Lay, and Point Hope.

Fairbanks Resource Agency (\$10,000)

FRA Supported Parenting Program

The Supported Parenting Program has an 18-year history as a preventative and educational program for parents who experience disabling conditions and/or affected by or are at risk for substance abuse, and/or may be in crisis or unstable situations which pose a risk to good parenting, including child abuse and neglect. The project addresses the need for reducing and preventing placement into the foster care system of children whose young parents are at risk for substance abuse. For the past 18 years, the Alaska State Office of Children's Services (OCS) has referred young parents to the project. OCS has confirmed that without specialized parenting training and support, these parents are at risk of having their children removed from the family home and placed into foster care due to poor parenting skills, child abuse and neglect.

Community-Based Education and Support (\$10,000)

Resource Center for Parents and Children

Through this project, RCPC is proposing to both maintain and enhance services offered through the Family Education Services department. Currently, the Community Education branch of the Family Education Services department offers the following: three community-based parenting and education programs, including the Strengthening Families Program (SFP), Scream Free Parenting, and Circle of Security (COS); individualized parenting education and support services to parents and families not able to participate in a class; playgroups for parents and children ages 0-5; community outreach regarding positive parenting practices, developmentally appropriate expectations of children, and support and resources for parents and families at all levels of risk; and leadership within the Fairbanks Families Partnership, providing education and outreach targeted at parents with children 0-8.

Come Play & Learn Together (\$10,000)

SERRC

The 21stCCLC afterschool program in Kotzebue was designed to meet the after-school needs of the lower elementary school. Although Homework Club and various sports were offered during the year, JNES was lacking ongoing afterschool activities that encouraged literacy development, social and emotional growth as well as strengthening family and community connections. As part of our current grant we provide Family Events throughout the year. Parents indicated that they were interested in participating in discussions and events that focus on parenting skills during both the fall Welcome event and again during the spring Parent Café. We would like to take this opportunity to finely tune our Family Events to focus on resiliency skills.

SOUTHCENTRAL

Growing Great Futures (\$10,000)

Boys and Girls Clubs of Southcentral Alaska

Using a positive social norm framework, Boys & Girls Club Child Development Center (BGC CDC) intends to increase knowledge of positive parenting practices amongst care givers for youth ages 5 and younger, thereby decreasing risk factors leading to child maltreatment. Boys & Girls Club CDC seeks funding to train staff in leadership roles as Love & Logic teachers, and purchase both the family and educator Love & Logic curriculums. The CDC will train all center staff using the educator curriculum, as well as open the educator trainings to partner agencies such as teachers in the Anchorage School District Buddy Bear Program, Akeela, PIC, Claire House, and the Office of Children's Services. The BGC CDC will leverage existing partnerships with these agencies to broaden our reach.

Circle of Security--promoting healthy parent-child attachment (\$10,000)

Kids Corps Inc

Circle of Security is an evidence based parenting class designed to promote attachment between parents and their young children. COS-P provides a series of 8 sessions with a closed group of parents, giving participants the opportunity to process each lesson, try out new skills and reflect on their experiences with the course instructor and a consistent group of peers. The objective of COS-P program is to enhance attachment and security between parents and children through early intervention, a crucial outcome for preventing child neglect. Over the course of 8 sessions, the focus of the intervention moves from discussing secure attachment and children's needs to the more vulnerable process of parents reflecting on themselves and the defensive behaviors that maintain insecure and disorganized attachment.

Palmer Families with Infants (Toddlers Court Community-based Systems Change) (\$10,000)

Mat-Su Health Foundation

This proposal requests support from the Alaska Children's Trust to help support the implementation of the new Palmer Families with Infants and Toddlers Court (Palmer FIT) that serves the entire Matanuska-Susitna Borough. This demonstration therapeutic court program seeks to improve how the courts, child welfare agencies, and related child-serving organizations work together, share information, and expedite services for very young children in the child welfare system. The target population is the very young children (0-3) and their families that are referred to the Palmer FIT Court for CINA (Child in Need of Aid) cases.

Child Safety Enhancement Pilot Project (\$10,000)

Big Brothers Big Sisters of Alaska

Big Brothers Big Sisters of Alaska is proud to have been selected as one of four BBBS agencies from across the nation to be an active part of a pilot project: the Big Brothers Big Sisters of America Child Safety Enhancement project. The pilot project has three stated objectives. Objective 1: develop new parent/child sexual abuse and exploitation prevention training and resources for parents, volunteers and BBBS staff. Objective 2: develop and embed trauma-informed care principles into agencies' day-to-day work. Objective 3: improve and enhance current metrics and tools to monitor the mentoring relationship, risk and protective factors, and outcome for youth in BBBS matches.

Resilience Coalition Implementation (\$5,000)

Sprout Family Services

Family well-being emerged as a health priority in the community after a comprehensive Community Health Needs Assessment. The South Kenia Peninsula Resilience Coalition has spent the last year working on an Adverse Childhood Experience (ACEs) Communication Plan. Support from this award will enable us to take our ACEs Communication Plan to the next phase, allowing for greater implementation within the community. It

will support the Coalition's efforts to disseminate well-vetted and effective messages about ACES, their impact, and how to build resiliency in the greater southern Kenai Peninsula.

The Children's Place Prevention Project (\$10,000)

The Children's Place

The Children's Place wants to offer Darkness to Light, which is a nationally recognized prevention curriculum focused on educating adults on how to protect children from sexual abuse. We will receive the initial training at minimal or no cost to our organization through our partnership with ROCK Mat-Su. We are requesting funding through this grant to cover the cost of materials and additional training to allow our agency to become a trainer of trainers in our state.

SOUTHEAST

Juneau Circles of Security and Parents as Teachers (\$10,000)

AEYC-SEA

This project will serve parents at highest risk of child abuse and neglect: 3 families referred by the Office of Children's Services or REACH Infant Learning program will receive home visits twice a month, and 30 parents will receive a six week parenting series designed to build attachment, responsive parenting, and break the cycle of a parent's own early trauma.

WESTERN

Strengthening Tribal Families (\$7,780)

Native Village of Unalakleet

To continue Strengthening Families/Child Abuse Prevention, NVU wishes to continue "Family Fun Nights" on a bi-monthly basis for children and their families to foster and support positive interactions. Themes for Family Fun Nights will vary, to include games; traditional cultural activities such as skin sewing, beading, or ulu making; arts and crafts; the preparation and sharing of Native foods; movie nights; talent contests; story telling; physical activities such as skiing or ice skating; berry picking; hiking; bonfires; picnics; and other activities intended to increase family bonds. Larger community-wide special holiday events are also planned. NVU will especially encourage participation by Elders and Tribal Leaders. The .50 FTE Family Services Assistant is responsible for activity planning and coordination. Assistant support will also allow the ICWA worker to increase the provision of individual Parenting Classes and to offer in-home family visits as strategies for child-abuse prevention.