

# 2019/2020 Grant Recipients

Total Amount Awarded: \$535,464

## Grant Awards

### Statewide

#### **Alaska Afterschool Network Annual Conference – Scholarships (\$4,213)**

Alaska Afterschool Network is a coalition of nonprofit, private, tribal and government organizations that promote high-quality afterschool programs as a critical component in the positive development of Alaska's youth. Afterschool programs play a critical role in developing the project factors youth need to be resilient in the face of trauma.

#### **Alaska Counts: 2020 Census (\$25,000)**

*The Foraker Group*

Funds will support a complete count in Alaska for the 2020 Census.

#### **Alaska Resiliency Initiative (\$25,000)**

*Alaska Children's Trust*

The Alaska Resiliency Initiative is a partnership of nonprofit, private, tribal and government organizations that promotes community empowerment to support and respond to the needs of individual families and children. Their goal is to advance the dialogue in our state on Adverse Childhood Experiences (ACEs), toxic stress in childhood and how communities can prevent ACEs and build resilience. To build community awareness across the state.

#### **Communication Mini-Grants (\$2,250)**

Various Organizations

ACT provided \$250 communication mini-grants to nine organization to support their efforts in raising awareness on the impacts of proposed budget cuts to children and families.

#### **Earthquake Emergency Afterschool Support (\$10,000)**

Campfire Alaska

On November 30<sup>th</sup>, a 7.1 earthquake hit South Central Alaska. Although most businesses were back open the next day, schools remained closed for a week. To ensure families had care for their children so they could return to work, Campfire opened their doors to provide care.

#### **Child-Parent Psychotherapy (CPP) Training Project (\$25,000)**

Denali Children Services

DFS is requesting funds to address a gap in children's mental health services. Funds will support Child-Parent Psychotherapy (CPP) training for thirty of Alaska's clinicians and behavioral health

agency staff. CPP is an intervention model for children aged 0-5 who have experienced at least one traumatic event (e.g. maltreatment, a serious accident, sexual abuse, exposure to domestic violence) and/or are experiencing mental health, attachment, and/or behavioral problems. The treatment is based in attachment theory but also integrates psychodynamic, developmental, trauma, social learning, and cognitive behavioral theories. CPP will help strengthen the bond between children experiencing behavioral problems and their caregivers, enabling them to face tough times and preventing issues in the home from escalating to include Child Abuse and Neglect (CAN). The primary goal of CPP is to support and strengthen the relationship between child and caregiver as a vehicle for restoring the child's sense of safety and improving cognitive functioning.

### **Help Me Grow (\$25,000)**

*All Alaska Pediatric Partnership*

Help Me Grow is a unique, comprehensive, and integrated statewide system designed to address the need for early identification of children at risk for developmental and/or behavioral problems, and then to link these children and their families to community-based developmental and behavioral services and supports.

### **Heart Gallery (\$10,000)**

*Beacon Hill*

Thousands of children go through the foster care system each year. Unfortunately, many children age out of the system and have no real indication of a family leading into adulthood, resulting in no one to turn to when future conflict is likely to arise. The Heart Gallery's project is to provide potential adoption families the access to becoming educated in the responsibilities of adopting a child from the foster care system. This gives The Heart Gallery access to prescreen families available for adoption potential and aid them in the adoption process. Training potential families are necessary for successful adoptions because background knowledge helps prevent post-placement conflicts.

### **Kids Count Alaska (\$25,000)**

*Alaska Children's Trust*

KIDS COUNT Alaska is part of the Voices for Alaska's Children program at ACT. Voices is a grassroots community movement focused on continually raising awareness of the needs and challenges of children, youth and families throughout Alaska. KIDS COUNT Alaska is a project that supports the core component of fostering data. The mission of KIDS COUNT is to ensure child advocates, policymakers and the public have access to high-quality, unbiased data about child well-being.

### **Prevention Month Mini-Grants (\$3,750)**

*Various Organizations*

April is National Child Abuse Prevention month. To support organizations to increase awareness in their community, ACT gave fifteen organizations from across the state \$250 mini-grants to support their local efforts. Activities included hosting a rally, family night, screening of Resilience, and much more.

## **Statewide Conferences and Outreach Activities (\$24,150)**

### *Various Organizations*

- Alaska Autism Resource Center
- Alaska Chapter – Association of Fundraising Professionals
- Alaska Network on Domestic Violence & Sexual Assault – Lead On!
- Best Beginnings
- Children’s Lunchbox
- Early Care & Learning in Alaska – Economic Study
- First Alaskan’s Institute
- Foraker Leadership Conference
- Healthy Futures
- No Small Matter Summit (thread)
- NW Children’s Foundation
- REACH 907
- R.O.C.K. Mat-Su
- Shilo Community Development
- Spirit of Youth
- Shining Lights
- Stand Together Against Rape (STAR)
- thread
- Youth & Elders Conference

## **Statewide Strengthening Families (SF) and Pyramid Model (PM) Training (\$10,000)**

### *thread*

thread will offer training on Strengthening Families Framework (SF) and Pyramid Model (PM). SF training focuses on building Protective Factors around children by supporting family strengths and resilience. If these 5 factors are learned by family members, research shows it will reduce the likelihood of child abuse and neglect. The PM training will teach about Supporting Social Emotional Competence in Infants and Young Children, which is used as a framework to promote social and emotional skills for the future. This training opportunity will be available to individuals working in direct correlation with early education systems in teaching the future generations throughout out the state of Alaska.

## **Interior**

### **Stevie's Place Family Advocacy Services (\$10,000)**

#### *Resource Center for Parents and Children*

This project increased the services offered through the Advocacy Center to help support children and families referred by law enforcement, medical personnel, tribal authorities, and/or child protection agencies after a report of serious child maltreatment, sexual abuse, or physical abuse

throughout Fairbanks Census Area (including 19 villages along the Tanana River). When families are involved in an investigation for child maltreatment it creates a state of crisis. However, Family Advocates help families with their needs throughout the entire process.

### **Tetlin Parenting Workshop (\$8,000)**

#### *Tetlin Village Council*

The people of the Tetlin Village are working to ensure Tetlin youth live in a safe, secure, and nurturing environment by promoting healthy parenting skills to the parental leaders of the Native Village Tetlin. To promote healthy and safe parenting skills to educate parents, the Tetlin Parenting Workshop Project will educate and inform parents about child development, social and emotional development and learning, and the need of a safe environment for children to grow up and learn in.

### **Northern**

#### **Barrow CYS Playground (\$1,000)**

#### *Arctic Slope Community Foundation*

The focus of the Arctic Slope Community foundation is targeting to improve Positive Social Norming in the North Slope Borough; by implementing a playground at the shelter for displaced children. This space and equipment will provide a place for the children to play, and get the exercise that is easily accessible and safe.

#### **Healthy Families (\$24,775)**

#### *Arctic Slope Native Association*

The Arctic Slope Native Association will be offering the Parents as Teachers Model to families across the North Slope. The four parts of the program are Group Connections, Resource Network, Personal Visits, and Child Screening. The Association will travel to communities and provide them with the curriculum, which will include the staff services in the communities, so the parents and children don't have to leave their communities to benefit from the program. The program will focus on parents who have older children or children in the juvenile system.

#### **In the Spirit of the Inupiat Family Parenting Class (\$20,681)**

#### *Maniilaq Association*

The Maniilaq Tribal Services will be offering Healthy Parenting Workshops which are culturally strength-based classes using resiliency as a survival recourse while connecting problem-solving resources at a family level before conflict arises. This curriculum follows the "In the Spirit of the Inupiat Family" which emphasizes a set of 17 values followed by the Inupiat heritage. The classes will focus on teaching parents to realize and understand their own struggles in a way that presents a change in a positive and practical way, to then learn how to work around their personal struggles and to not promote struggles to their children.

#### **Mary's Igloo Cultural Camp (\$10,000)**

#### *Native Village of Mary's Igloo*

Mary Igloo will host two cultural camps, first is for ages 12-18, and the second is for ages 5-11. The first camp will be a six-night stay at the historic Mary Igloo land. The children will learn from the Elders, traditional values, lifestyles, and survival skills such as plant identification and harvest, net fishing, food preparation, shelter and fire making, boat safety and navigation, and how to take care of the natural environment through hands-on activities. The second camp for younger children will occur at the same camp location for 5 days with their whole family. The kids and families will learn the importance of subsistence excursions up the Imuruk Basin, gather local berries, greens, and netting fish. These hands-on learning activities will connect the families and learning the cultural way of life. These camps will give kids and their families an opportunity to connect and learn cultural ways of living through healthy social and emotional development.

### **Mentor-Advocate-Partner Program Year Two: Expansion to Rural Alaska (\$10,000)**

#### *Stone Soup Group*

Stone Soup Group is expanding their Mentor. Advocate. Partner. (MAP) Program to Rural Alaska. The first year of the program focuses on creating a network to connect families who are seeking additional support in raising their child with special needs, which supports parents to effectively advocate for their child's needs and increase their level of empowerment. Since the start, they have trained 19 support parents and matched 24 parents with peer-to-peer support. This year the funding will expand the roots of potential matches to rural Alaska in cities such as Nome, Kotzebue, and Dillingham to increase the amount of parent support and peer-to-peer matches in areas outside of Anchorage.

### **Parent to Parent Plus (\$17,875)**

#### *Nome Community Center*

This project will be expanding parent education opportunities in the Nome area for members of the community that have recently been released from prison to the halfway house, mothers staying in the domestic violence shelters, young mothers and families staying at the patient hostel, and people searching for recovery at the day shelter for the homeless. Each class will be held at these locations people are staying in for their specific needs. The classes that will be offered are Parent Resiliency, Social Connections, Knowledge of Parenting, Concrete Support in Times of Need, and Healthy Social/Emotional Development. These classes offered are expanding from one class for at-risk kids to six.

### **Southcentral**

#### **All Safe in My State (\$7,938)**

#### *MY House*

MY House's is focusing on helping and empowering families to break the cycle of child abuse with a project of 4 main parts. Part 1: Parental and community education who experience a high number of adversities such as, homelessness, unemployment, addiction, and more. Part 2: Developing a list of resources for youth experiencing abuse to access and get help. Part 3: Youth Education is focused on educating youth about abuse and viewing a documentary that relates to abuse, prevention, and help for it. Finally, Part 4: The Green Dot Training which refers to a workshop that focuses on preventing violence in local communities by brainstorming tools to

intervene and stand up against abuse.

**Connection is the Key - Promoting Resilience in Young Children from At-Risk Backgrounds (\$10,000)**

*Kids Corps Inc*

The project is intended to expand outreach to at-risk children and parents enrolled in the Head Start Program. Expanding this program will help children become more resilient and support the parent's effectiveness in the family through the Conscious Discipline System (CD). Training for the CD System will be available for all staff. Secondly, it will provide parents with resources and opportunities to learn about CD, and how to use it in their families to promote social and emotional learning development.

**Continuation of the Parental Resiliency Project (\$9,072)**

*Covenant House Alaska*

The Covenant House will be enhancing its Parental Resiliency Project by expanding the current program's curriculum to allow for more in-depth parenting skills to be explored and discovered in a group setting to promote parental awareness, explore the effects of one's personal trauma and ACEs on their children, and building a strong support network of peers. This is the key to sustaining skills and allowing for growth.

**Cordova Parenting Education Support (\$8,163)**

*Cordova Community Medical Center*

The community's and agencies in Cordova have shared that parents are struggling and need support. Thus, the Cordova Family Resource Center has realized that there is a need for parenting classes, especially for Spanish speaking families. The project would offer 3 parenting classes including one in Spanish, and later in the year offer a Train the Trainers course for parents to provide the training to other people and parents interested. These parent classes will offer education, support and primary child abuse prevention. Not only will they offer the classes, but training for the Parent Resource Guide and will host 4 community events focused on educating people regarding child abuse and Adolescents Development, strength-based parenting skills, networking opportunities and access to resources will be offered. This includes the Child and Wellness Fair, meant to act as a health fair to inform and educate the people, parents, and children of Cordova on this important topic.

**Relationship-Based Parenting (\$24,775)**

*Sprout Family Services*

Sprouts Family Services is planning to offer Circles of Security and Conscious Discipline trauma-informed classes focusing on social and emotional development, by educating parents about early childhood brain development. These courses will be offered quarterly throughout the year at the Sprouts headquarters; however, online streaming will be available for parents who aren't able to

attend. The duration of each course is 7-8 weeks with a session per week. The goal of these classes is for parents and families to have an increased social connectedness and support in their community and intending to offer universal access to these classes for all parents within the region.

#### **Seward Parents as Teachers (\$10,000)**

##### *Seward Prevention Coalition*

The newly reestablished Seward Prevention Coalition is providing at home visits to all voluntary parental women and families with children ages 0-5 in the Seward and Moose Pass Area. These visits are with Parent Educators who are able to take a holistic approach to support the specific needs of each particular family. Through building these relationships, children and families are given access to resilience building through one on one meetings with the Parent Educators and connecting with other members in the community that share the same common goal, building a stronger resilience path throughout their lifetime.

#### **Strengthening Families Parenting Program DVDs (\$10,000)**

##### *Kenai Peninsula Community Care Center*

The Strengthening Families DVD program is a parenting program designed to help high-risk parents and children establish happier and healthier family relationships, improve mental health, and help lower youth alcohol and drug use, violence, and criminal behaviors. This grant will provide access to the DVD for families and/or youth in the residence facility's, foster families, in the Juvenile Justice or Children's Services, and members of small villages in Alaska. The DVD gives people access to eleven 30-minute skill-based lessons on strengthening families and child abuse and maltreatment. Users will have a monthly or weekly check-in meeting with counselors on topics they are learning about and how they are using the topics in the real world.

#### **Strong Parents Alaska (\$10,000)**

##### *UAA Child Welfare Academy*

The Welfare Academy will partner with Young Lives to host a Strong Parents of Alaska Program. This program will span over seven weeks and will be offered to foster care youth and alumni parents with small children. The first week will introduce the Strengthening Families™ Protective Factors Framework and seek commitment for participation in the program. The following five weeks will focus on each of the five protective factors each week. The seventh week will wrap up the program and teach how to implement the lessons they learned into their daily life with their own families and children.

#### **UAA Student Government Advocacy (\$2,500)**

##### *University of Alaska Foundation*

This project was focused on providing support to the University of Alaska Anchorage student government to support their efforts to ensure the voice of Alaska's young adults were present in the discussion of the budget cuts specifically related to higher education.

#### **Workforce Development Project (\$10,000)**

### *Anchorage Health Department*

The project will provide the Municipality of Anchorage with multi-day pieces of training on Adverse Childhood Experiences (ACES), Trauma-Informed Care (TIC), and Strengthening Families to all Anchorage Health Department (ADH) employees. Training on these topics will allow AHD to implement these topics into their daily practices, which will help to reduce the rates of maltreatment in the Anchorage Area. The department as a whole will also develop plans to incorporate the topics of the training into the department's strategic plans and create a safe and welcoming trauma-informed atmosphere and culture at AHD.

## **Southeast**

### **Juneau Community Foundation (\$20,000)**

#### *Trauma Informed School Pilot Project*

A collaboration between Juneau School District, State of Alaska, Juneau Community Foundation, local funders and many service providers to pilot a trauma-informed school project. The project will utilize the CLEAR (Collaborative Learning for Educational Achievement and Resilience) program that partners with education systems to create and sustain trauma-informed models of practice through staff development, consultation, and support.

### **Providing Parenting Classes and Cultural Activities in Sitka, AK (\$24,718)**

#### *Sitka Tribe of Alaska*

The Sitka Tribe of Alaska will be offering three parenting curriculum classes. First: Fatherhood is Scared, Second: Motherhood is Scared, Third: healthy relationships. The Motherhood and Fatherhood classes are two separate 12 weeks classes each year, while Healthy Relationships are 32-week year-round, available class. These classes will be supplemented with cultural nights to enhance the curriculum that will occur once per week. These classes were chosen because Sitka already has the necessary trained staff to teach these classes to strengthen families and relationships. By teaching parents to devote their best efforts into raising successful children, it will help to stop the cycle of child abuse and neglect.

### **Raising Our Children with Kindness; Circles of Security (\$24,775)**

#### *AEYC-SEA*

Circles of Security is the primary curriculum used in Raising Our Children with Kindness Class. The class will be held in two-hour sessions, with a family style meal in the middle for parent networking. The class will focus on the sixth protective factor of increasing attachment and bond of parent and child. A second program used will be Fatherhood/Motherhood is Scared. This is a culturally based program with goals of strengthening Native American Families through safe and responsible fatherhood and motherhood to create the tools and passion for parents to take charge of their roles as parents and raise a healthy and happy family.

### **Southeast Alaska Parents as Teachers Network (\$10,000)**

#### *Southeast Alaska Association for the Education of Young Children (AEYC-SEA)*

AEYC-SEA is looking to improve its Primary Prevention Program throughout the Haines Borough, Hoonah-Angoon Census, Juneau City, and Yakutat Boroughs. The network will be improving



access to monthly family engagement sessions with trained Parents as Teachers educator. Focusing on strengthening the family's protective factors designed to build attachment, responsive parenting, and break the cycle of a parent's personal early trauma.

### **Supporting Families in Building Resilience (\$24,775)**

#### *Connections Community*

The community on Ketchikan will have access to two evidence-based parenting courses. The first, Circles of Security will focus on building parent capacity in child development knowledge and; expectations for parents to better understand the use of positive emotional support in connecting with their child, during stressful and positive times in life. The second class will be Parenting the Love and Logic used in supporting the emotional capacity of parents as they learn to communicate clear expatiations to their children. The Love and Logic program will also be used in the Ketchikan School District with teacher training days. The Circles of Security class will be offered for 12-16 sessions per year, while Love and Logic will be offered once per year with six sessions.

### **Southwest**

#### **Family Engagement & Enrichment Program (\$21,616)**

##### *Bristol Bay Borough School District*

The program ReadyRosie is going to offer many mixed methods of parenting education and engagement for the communities in the Bristol Bay/King Salmon Area. ReadyRosie is an early education program tool used to help schools, families, and communities through the nation to bring access to family engagement and early learning resource in raising a family for parents and kids. The program will use the ReadyRosie resources in six parent education sessions with one class per session, which will include family-centered events on many different topics to meet each individual family's needs.

#### **Unalakleet Prevention Training Packet (\$9,425)**

##### *The Native Village of Unalakleet*

The project aims to offer professional mentoring and institute-based training supports which are not currently available through the existing program. Training will develop and improve the Native Village of Unalakleet staff skills to more effectively work with families for child protection and child abuse risk reduction. The project will allow participation in training sessions offered by the National Indian Child Welfare Association, that will focus on building skills for the provision of family services supports and for the delivery of positive parenting education.

#### **What You Do Matters (\$6,013)**

##### *Rural Alaska Community Action Program*

The Rural Alaska Community Action Program will give the community of Kodiak the opportunity of a What You Do Matters project. What You Do Matters is a project that serves families with children ages 0-6 and expecting mothers in Kodiak, that is open to families who aren't currently enrolled in the Kodiak Parents as Educators Program. This project will connect the Parents as

Teachers program at an evening of learning, discussion, and community engagement following the What You Do Matters guidance from the Parents as Teachers curriculum.